

WHERE AND WHEN?

SFL WEEKEND	WHERE	WHEN
SFL Weekend 1	Penang*	Feb 20 -22, 2009
	Melaka*	April 17-19, 2009
SFL Weekend 2	Penang*	Aug 7-9, 2009
	Melaka*	Oct 2 -4, 2009
SFL Weekend 3 & 4	To be confirmed	Year 2010

**The actual venue to be confirmed.*

WHAT IS THE DURATION OF EACH SFL WEEK-END?

Each SFL Weekend begins at 4 pm on a Friday and ends with lunch on Sunday.

WHO ARE THE FACILITATORS?

There will be a team of facilitators appointed by ICM. They will comprise people in pastoral, laity, ministerial or professional vocation whose only criteria is their on-going journey of learning to love God, His Church and His people.

The selection of the team will depend on availability and relevance of theme to their areas of expertise and passion.

COST PER PERSON

Up to RM250* (inclusive of food and lodging)

**The actual cost will be confirmed once the venue is determined*

FOR FURTHER ENQUIRIES / REGISTRATION

✠ Contact :
ICM Director (Ms Ng Wai Ling)
at **03-79542836** or
email : **wailing.ng@trac.org.my**

TENTATIVE SCHEDULE

TIME	FRI
2.00 pm	Arrival of SFL participants
3.00 pm	
4.00 pm	Orientation & Introduction to SFL
6.00 pm	Dinner
7.30 pm	Session
8.30 pm	Community/Dialogue
9.30 pm	Formation Group

TIME	SAT
7.30 am	Breakfast
8.30 am	Session
11.00 am	Session
12.30 pm	Lunch
2.00 pm	Personal Reflection and Individual Time with Mentor/ Spiritual Director
6.00 pm	Dinner
7.30 pm	Session
8.30 pm	Community/Dialogue
9.30 pm	Formation group

TIME	SUN
7.30 am	Breakfast
8.30 am	Session
11.00 am	Closing/Communion
12.30 pm	Lunch
2.00 pm	Home Sweet Home



SPIRITUAL FORMATION & LEADERSHIP WEEKEND (SFL Weekend)

*Organised by the Institute for Christian Ministry (ICM)
Trinity Annual Conference (TRAC), Malaysia*

*Organised by the Institute for Christian Ministry (ICM)
Trinity Annual Conference (TRAC), Malaysia*

Spiritual Formation & Leadership Weekend (SFL Weekend)

'Be on guard for yourselves and for all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He purchased with His own blood.'
(Acts 20:28)



WHAT IS SFL WEEKEND?

The SFL Weekend is a strategic 3D2N intensive stay-in weekend of a process-oriented training and learning in spiritual formation and leadership within the TRAC community setting. Four major themes of spiritual formation and leadership will be covered over a period of 2 years, beginning with the issues related to the formation of the leader and his inner life. This will then be the foundation on which all other building blocks of leadership competencies and spiritual formation are added on.

HOW WILL SFL WEEKEND LOOK LIKE?

These weekends integrate some didactic teaching components with guided meditation and personal reflection/prayer periods. There will be intentional time carved out to process learning and reflection within a spiritual mentoring relationship and small group community.

THE OBJECTIVES:

To equip leaders of TRAC local churches with the theology and practice of spiritual formation and leadership development. The goal is to nurture a holistic development of a spiritual leader who understands that the ultimate goal of the spiritual life is the love for God and for our neighbour.

WHO SHOULD ATTEND:

LCEC, PCT, Bible Study Leaders, Small Group Leaders, Ministry Leaders and all who are interested in spiritual formation of the leader.

HOW WILL THIS BE RUN? REGIONALLY

Our main purpose for running this at a regional level instead of at the local church is so that leaders from other churches can have the opportunity to connect with each other and share life together for a weekend. It is ICM's goal to nurture the connectional spirit which is the essence of Methodism! May we learn to encourage one another in ministry, share one another's burden and witness the work of God in the larger Church of the Lord Jesus Christ!

THEMES

SFL Weekend 1

PERSONAL SPIRITUAL FORMATION

(Framework adapted from Richard Baxter's 'Watch Your Walk, Ministering from a Heart of Integrity')

- ▶ Spiritual Formation in the Leader
- ▶ An Examination of our Personal Lives
- ▶ Looking Out for the Flock
- ▶ Practical Directions for Ministry

SFL Weekend 2

DEVELOPING PERSONAL LEADERSHIP COMPETENCIES

- ▶ Leadership in Biblical and Theological Perspective
- ▶ The Person and the Work of the Leader
- ▶ Dynamics of Leadership and Congregation
- ▶ The Leader's Ministry of Equipping

SFL Weekend 3

LEADERSHIP IN THE CHURCH AND ITS CULTURAL SETTING

- ▶ Leading the Church in a Postmodern World
- ▶ Developing a Healthy Church
- ▶ Strategic Planning and Visioning in the Church
- ▶ Spirituality Beyond the Institutional Church

SFL Weekend 4

SPIRITUAL FORMATION IN THE CHURCH

- ▶ History and Traditions of Spiritual Formation in the Church
- ▶ Spiritual Formation and Discipleship in the Church
- ▶ The Practice of Spiritual Leadership and Mentoring
- ▶ Developing a Christ-centered philosophy of Ministry