

New Cohort 2023-2024

SFL

SPIRITUAL FORMATION & LEADERSHIP
WEEKENDS FOR LEADERS

Brought to you by
TRAC Institute for Christian Ministry (ICM)



Why SFL?

The main aim of SFL is to equip leaders with the theology and practice of spiritual formation and leadership. The SFL series comprises of a total of four 3D2N intensive stay-in weekends. Each retreat which is scheduled once every 6 months over two years focuses on the formation of the inner life of the leader.

Who should attend?

Members of the LCEC, Ministry Leaders, Small Group Leaders who have desires to grow and feel ready for God to 'strengthen the soul of their leadership'.

What are the Core Modules?**• SFL1: Personal Spiritual Formation**

- o The Challenges & Biblical Understanding of Spiritual Leadership*
- o Encountering God in Silence & Solitude*
- o Leading from Within*
- o Spiritual Rhythms in the Life of the Leader*

• SFL2: Personal Leadership Development

- o Embracing Your Leadership Journey*
- o The Person and the Work of the Leader*
- o Challenges & Traps of the Leader*
- o The Call to Shepherding: The Wounded Healer*

• SFL3: Discernment as the Heart of Spiritual Leadership

- o Discernment: Recognizing and Responding to the Voice of God*
- o The Habit & Practice of Personal Discernment*
- o Constructing a Discerning Life*

• SFL4: Communal Discernment & Leading Together

- o Communal Discernment: Listening to God Together*
- o Discerning God's Will Together: A Process for Corporate Discernment*
- o Spiritual Formation for the Church*

What to Expect?

The SFL weekends integrate practices of silence, solitude, scriptural meditation and community, focusing on themes of spiritual leadership and the inner life of the leader. Retreatants will meet with a Spiritual Companion for a conversation to co-discern God's activity in their life.

When?

SFL1 : March 17-19, 2023
SFL2 : Sept 22-24, 2023
SFL3 : March 15-17, 2024
SFL4 : Sept 20-22, 2024

Where?

PD Methodist Centre or
Chefoo Methodist Centre, Camerons

Who are the Facilitators?

- Rev Ronald Yap
 - Dr Herbert Tan
 - Tang Swee Kit
 - Ng Wai Ling
 - Rev Yong Wai Yin
- And other facilitators & a team of spiritual companions

Other Info

- Team participation - Leaders must attend along with 4-5 other fellow leaders, committing to journeying with one another for the next 2 years
- Each module builds on the previous. Participants are expected to attend the modules in its sequence
- A Certificate of Completion will be given at the end of the 2 years
- LPL Accreditation - Completion of SFL is equivalent to 1 unit of LPL elective

How much?

RM400 - RM500 per module/ retreat per person (Twin-Sharing, depending on the venue)

Application Deadline

Application opens from Dec 5th, 2022. Please apply as a leadership team. Deadline for application: Feb 15th, 2023

Enquiries

icm@trac.org.my

