

# Organizational Leadership Module (OLM)

FOR LEADERS IN LCEC & MINISTRY HEADS

March 16 - 17, 2013 (Sat - Sun)  
Venue: SS Methodist Church  
Target: Leaders of Selangor District Churches

Oct 12 - 13, 2013 (Sat - Sun)  
Venue: Wesley Methodist Church, KL  
Target: Leaders of FT District Churches

The TRAC OLM is a joint-initiative by the Board of Ministry, Board of Laity and the Institute for Christian Ministry. This 4-session module seeks to provide a platform for leaders and pastors to engage on matters related to organizational leadership issues in the local churches. A framework of theological, biblical and Methodist understanding of church governance and related issues will be discussed. The OLM Module covers:

## THEMES / TOPICS

Session 1 : The Church - The Big Picture of the Body of Christ

Session 2 : The Church - The Rhyme and Rhythm of the Heart in Spiritual Leadership

Session 3 : The Church - The Nuts & Bolts of the Organizational Structure

Session 4 : The Church - The Handles of Life-Giving Meetings & Decision-Making



# Institute for Christian Ministry

The Institute for Christian Ministry (ICM) is a training arm for Trinity Annual Conference (TRAC) which began in March 2008 with the aim of strategically consolidating the training needs of the TRAC churches in the areas of spiritual formation, leadership development and practical skills for ministry. We are committed to building the life of God's people and their leaders for the long haul in ministry and a deepening life in Christ. ICM seeks to develop courses that are relevant, integrated and practical to meet the needs of the local churches and the Conference. We pray that these equipping avenues will 'prepare God's people for works of service, so that the Body of Christ may be built up until we reach the unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.' (Eph 14:12-14).

The ICM 2013 brochure presents various equipping and renewal opportunities for you, your leaders and your congregation. ICM invites you to set aside, as part of your regular rhythm of life in Christ, time for the renewing and strengthening of your soul, spirit and body.

For more **INFORMATION** and  
**ON-LINE REGISTRATION** go to  
**[www.trac.org.my](http://www.trac.org.my)**  
under the ICM link

## For further enquiries:

Please direct all enquiries, calls and emails to:  
**The Director**  
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## Programme Schedule 2013



# Life-Giving Tools Series (LGT)

CULTIVATING THE INNER LIFE FOR ALL DISCIPLES OF CHRIST

Host Church : TRINITY METHODIST CHURCH, PENANG

The Life-Giving Tools (LGT) Series seeks to equip a disciple of Christ with four life-giving tools for the long haul of life and ministry.

This inner-life series will help you carve out a rhythm that will cultivate a posture of attentiveness to God in everyday life so that you may experience the reality of a loving God who is All-Present and All-Knowing. Out of this centeredness in Christ is where our active life in the family, church, marketplace and the world shall spring forth from.



## LGT-M1 : Prayer & Hearing the Voice of God

Introduction to the contemplative tradition of prayer through the disciplines of silence, solitude & scriptural meditation. How can we cultivate a rhythm that helps us pay better attention to His voice and His invitations to us?

(Rev Dr Chew Tow Yow & Dr Lilian Koh)

April 20, 2013 (Sat) • 10 am - 4 pm

## LGT-M2 : Life-Giving Practices to Renew Habits of the Heart

What is the role of spiritual disciplines and practices in the spiritual life? How can these spiritual practices open our hearts to be attentive to God so that the Holy Spirit can do His work of transformation and recreate new habits of the heart?

(Dr Voon Choon Khing & Rev Yong Wai Yin)

June 29, 2013 (Sat) • 10 am - 4 pm

## LGT-M3 : Discernment, Knowing and Doing the Will of God

How do we discern the voice of God in the midst of the many voices within us and around us? What is discernment in light of our decision-making & life choices? What is the role of discernment in helping us clarify, listen and obey the 'will of God' in our lives?

(Rev Peggy Seow & Mr Cheong Seng Gee)

Aug 24, 2013 (Sat) • 10 am - 4 pm

## LGT-M4 : Becoming a Friend on the Journey

How do we create space in our hearts so that we can host another in deeper conversations that will benefit the soul and help others pay attention to what God is doing? What does it mean to be a companion and a friend on the journey?

(Alvin Ung & Ng Wai Ling)

Oct 19, 2013 (Sat) • 10 am - 4 pm

Fees - RM150 for the whole series of 4 modules; RM40 per module;

Early Bird - Before and on 28th Feb 2013 - RM130 per person

# Contemplative and Silent Retreats (CSR)

SPIRITUAL FORMATION FOR BEGINNERS & MATURING CHRISTIANS

Contemplative & silent retreats are designed for those who desire to experience or be exposed to the contemplative tradition of prayer. These retreats integrate extended periods of silence, solitude & scriptural meditation. Retreatants will follow the guidance and direction of a Retreat Director. Different amount of input/teaching sessions will be provided depending on the type, theme and length of the retreat.



DATES/VENUE	RETREAT THEMES	RETREAT DIRECTOR	FEES
<b>April 5-7, 2013</b> (Fri – Sun) PD Methodist Centre	<b>Beginners' Retreat – Knowing God Knowing Self</b> <i>This beginners' retreat is designed for those who are new to the contemplative &amp; silent retreats. You will be guided gently into the process of scriptural meditation, prayer, journaling and reflection and finding God in the quiet.</i>	<b>Rev Dr Chew Tow Yow</b>	RM300 per person (twin Sharing)
<b>April 26-28, 2013</b> (Fri-Sun) R. Methodist Frasers (Co-organizer: TCF)	<b>Educators' Retreat – Renewed to Teach</b> <i>Teaching is a calling and years of faithful labor may sometimes leave us feeling tired or tiresome. This is a time to revisit our calling, deepen our intimacy with God and renew our vocational call in the company of fellow teachers and travellers.</i>	<b>Rev Dr Chew Tow Yow</b>	RM280 per person (twin Sharing)
<b>May 7 – 11, 2013</b> (Mon-Fri) Chefoo Methodist Centre	<b>5-Day Individually Directed Retreat</b> <i>This extended retreat integrates scriptural meditation, prayer and daily one-on-one session with the Retreat Director. The focus of the retreat is to be attentive to the movements and invitations of God.</i>	<b>Bishop Dr Ong Hwai Teik</b>	RM650 per person (single room)
<b>June 15, 2013</b> (Sat, 3 – 9 pm) Host Church: Wesley Methodist Klang	<b>Movie Retreat</b> <i>Watching a movie and prayerfully reflecting on the experience can be a spiritual discipline. Movies are a rich form of contemporary storytelling and often present metaphors about life in all its beauty and fragility. We are invited to approach the movie hospitably, with 'eyes to see and ears to hear', even to recognize the possibility of a divine encounter as the Spirit speaks to us through a film.</i>	<b>Dr Lilian Koh &amp; Cheong Seng Gee</b>	Refer to WMC Klang for details (03-3381 2116)
<b>July 5-7, 2013</b> (Fri-Sun) R. Methodist Frasers	<b>3-Day Personal Discernment Retreat</b> <i>This weekend retreat introduces personal discernment dynamics and helps retreatants to understand &amp; begin practicing the discernment principles and process in seeking direction and hearing God's invitations.</i>	<b>Rev Peggy Seow</b>	RM280 per person (twin-sharing)
<b>July 5 – 12, 2013</b> (Fri-Fri) R. Methodist Frasers	<b>8-Day Personal Discernment Retreat</b> <i>This extended retreat begins with the foundations of principles of discernment and continues with on-going guided spiritual direction with the Retreat Director on a particular issue for discernment and clarity of direction.</i>	<b>Rev Peggy Seow</b>	RM950 per person (single room)
<b>July 12 – 14, 2013</b> (Fri-Sun) PD Methodist Centre (Co-organizer: TRAC MW) Evelyn: 012-4211525	<b>Women's Retreat: Finding Your Plot in a Plotless World</b> <i>A retreat using LifeMap as a Tool for Reflection/Prayer - for those who are interested to look at their personal history, trace the hand of God in the past and prayerfully gain a discerning heart to live fully in the present as one hears His invitations for the way forward.</i>	<b>Ng Wai Ling &amp; Lim Siew Lan</b>	RM300 per person (twin-sharing)
<b>August 2-4, 2013</b> (Fri-Sun) Chefoo Methodist Centre	<b>Beginners' Retreat - Prayer as Relationship</b> <i>This beginners' retreat is designed for those who are new to the contemplative &amp; silent retreats. You will be guided gently into the process of scriptural meditation, prayer, journaling and reflection and finding God in the quiet.</i>	<b>Dr Voon Choon Khing</b>	RM280 per person (twin-sharing)
<b>Oct 25 – 27, 2013</b> (Fri-Sun) Majodi Centre, Johor (Co-organizer: WMC JB)	<b>Finding God in All Places - My Reflection on the Year</b> <i>This 3D2N retreat gives an opportunity for retreatants to review their year as it draws to the final quarter. It will be a time of reflection and learning to notice God's presence, invitations and transforming work in the ordinary and the 'not-so-ordinary' part of the year. Retreatants will learn the discipline of review, gratitude and embracing the mystery of His presence in all places.</i>	<b>Dr Alex Tang</b>	RM260 (twin-sharing); RM300 (single room)
<b>Nov 1 – 8, 2013</b> (Fri-Fri) Chefoo Methodist Centre	<b>8-Day Individually Directed Retreat</b> <i>This extended retreat integrates scriptural meditation, prayer and daily one-on-one session with the Retreat Director. The focus of the retreat is to be attentive to the movements and invitations of God.</i>	<b>Dr Voon Choon Khing, Dr Lilian Koh &amp; Ng Wai Ling</b>	RM950 per person (single room)